Learning Styles

I have heard conflicting ideas about learning styles. Much like personality styles, I don’t think people should be relegated to certain boxes or labels with rigid boundaries. At least for myself, I find having a more hybrid approach or changing the style of instruction to complement different areas of study works the best. I like using multiple forms of learning depending on what is being taught. When using only one style, I tend to miss a lot of nuance, context or background of a lesson. Like someone can visually show me how to do something, and I can learn it. But without the auditory and tactile aspect also, I feel like I am not developing a true understanding of a subject. I like having as many means as possible when learning something new. I also do better with repetition and practice.